

Your head is probably like a tangled ball of wool at the moment and you are not really sure where you want to be, what industry you are interested in. You will be busy working your finances out, to give you an indication as to what you want or need to earn. Another key factor being the location you are to resettle in, are you happy to commute or is your priority your family time and hopefully, if you are honest with yourself, then this short exercise will help you take stock of your current situation.

What commercial sector and industry am I interested in and which job roles do I see as fulfilling my needs?

- 1.
- 2.
- 3.

What do I really enjoy doing, is there sufficient opportunity in that field?

- 1.
- 2.
- 3.

What do I really not want to be doing?

- 1.
- 2.
- 3.

What are my geographical preferences? (Where am I settling, set boundaries of how far you are prepared to travel and maybe let be one of your guiding factors):

- 1.
- 2.
- 3.

What size company and what culture is the right fit for me interest me?

- 1.
- 2.
- 3.

Do I have my termination date and what is the realistic target date for joining an organisation?

- 1.
- 2.
- 3.

What is my salary target? One of the most critical factors but the most uncomfortable to tackle, as we don't like talking about wages:

- 1.
- 2.
- 3.

What are you reasons for leaving Her Majesty's Armed Forces?

- 1.
- 2.
- 3.

It is always important that before you draw up your plan for your future development, that you know what the future looks like and by using these simple exercises, it will help you take control of the future.